



Media Advisory

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Back-to-School Stress Relief: Dial 2-1-1

United Way 2-1-1 connects families to back-to-school immunizations, services

SAN FRANCISCO, August 7, 2006 -- August is “back-to-school time.” The tasks of updating immunizations, sorting out after-school care, and planning safe transportation can be very challenging for parents and students.

United Way 2-1-1 can help make this hectic time of year a bit easier. By simply dialing “2-1-1” from any landline telephone in San Francisco, families can get answers to questions such as:

- Where can my child get a low-cost physical exam?
- Where can my child receive low-cost immunizations?
- Are there after-school programs in our neighborhood?
- How can I find more information about school safety, such as tips for riding the bus, walking or biking to school?
- What tutoring or mentoring services are available near my home?

United Way 2-1-1 is an easy-to-remember, three-digit phone number that connects people in need with health and human services. This free, confidential, 24-hour multilingual service also serves as a vital link for individuals seeking to volunteer, provide resources and assist during times of crisis.

Currently, United Way 2-1-1 service is available only in San Francisco County from landline telephones. Residents using cell phones or calling from outside San Francisco County can reach the United Way 2-1-1 call center by dialing 415-808-HELP or 800-273-6222.

United Way’s introduction of 2-1-1 in San Francisco is the first step in plans to promote and establish 2-1-1 service throughout the Bay Area. Learn more at www.211bayarea.org.

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